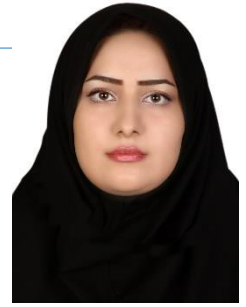


Golnaz Azami, PhD

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Profile

Enthusiastic, compassionate nursing professional with 3.5 years of experience as a Registered Nurse. Possess a superior knowledge of the nursing processes, professional standards of nursing, and a track record of maintaining confidentiality and protecting sensitive data at all times. Unsurpassed knowledge of symptoms and complications associated with chronic diseases and enhancing health promotion. Ability to immediately identify medical and surgical complications by conducting ongoing surveillance. Thorough working knowledge of diabetes, cardiovascular diseases, chronic neurological diseases, and pain management. Committed to enhancing the quality of patient care through competent, skilled nursing diagnoses, promising patients a healthier and happy life.

Educational background

(PhD) Nursing, University Putra Malaysia, Malaysia	October 2014 to April 2019
(MSc) nursing sciences, university Malaysia, Malaysia	September 2012 to June 2014
(BSc) Nursing, Ilam University of Medical Sciences, Iran	October 2004 to July 2009

Publications

❖ Review article:

- Azami, G., Soh, K. L., Sazlina, S. G., Salmiah, M. S., & Aazami, S. (2018). Behavioral interventions to improve self-management in Iranian adults with type 2 diabetes: a systematic review and meta-analysis. *Journal of Diabetes & Metabolic Disorders*, 1-16.

❖ Original articles:

- Yary, Teymoor, Kourosch Soleimannejad, A. Rahim, Mirnalini Kandiah, Sanaz Aazami, J. Poor, T. Wee, and Golnaz Azami. "Contribution of diet and major depression to incidence of acute myocardial infarction (AMI)." *Lipids Health Dis*9, no. 133,511 (2010).
- Aazami, S., Shamsuddin, K., Akmal, S., & Azami, G. (2015). The relationship between job satisfaction and psychological/physical health among Malaysian working women. *The Malaysian journal of medical sciences: MJMS*, 22(4), 40.
- Mozafari, M., Azami, G., Dehkordi, M. L., & Aazami, S. (2016). Validation of multidimensional Persian version of the work-family conflict questionnaire among nurses. *The international journal of occupational and environmental medicine*, 7(3), 164.

- G Azami, K. L. Soh, S. G. Sazlina, M. S. Salmiah, S Aazami, M Mozafari, H Taghinejad (2018). Effect of a Nurse-Led Diabetes Self-Management Education Program on Glycosylated Hemoglobin among Adults with Type 2 Diabetes. *Journal of diabetes research*. Volume 2018, Article ID 4930157.
- G Azami, K. L. Soh, S. G. Sazlina, M. S. Salmiah, S Aazami, M Mozafari, H Taghinejad (2018). Validation of the Iranian/Persian Version of the Perceived Therapeutic Efficacy Scale for Type 2 Diabetes. *Archives of Iranian Medicine*. Vol. 21 Issue 8, p356-361.
- Azami, G., Soh, K. L., Sazlina, S. G., Salmiah, M. S., & Aazami, S. (2018). Behavioral interventions to improve self-management in Iranian adults with type 2 diabetes: a systematic review and meta-analysis. *Journal of Diabetes & Metabolic Disorders*, 1-16.
- Azami, G., Soh, K. L., Sazlina, S. G., Salmiah, M. S., Aazami, S., Mozafari, M., ... & Badakhsh, B. (2019). Developing and Validating the Educational Materials for a Nurse-Led Self-Management Education in Adults with Type 2 Diabetes. *International Journal of Diabetes and Metabolism*, 24(1-4), 1-10.
- Azami, G., Soh, K. L., Sazlina, S. G., Salmiah, M. S., Khosravi, A., Aazami, S., & Valizadeh, R. (2019). The Effect of Depression on Poor Glycemic Control in Adults with Type 2 Diabetes: The Mediating Roles of Self-Efficacy and Self-Management Behaviors. *International Journal of Diabetes and Metabolism*, 25(3), 62-71.
- Suhrabi, Z., Akbari, M., Taghinejad, H., & Azami, G. (2019). Comparing the Effect of Dextrose and Oxytocin to Reduce Postpartum Hemorrhage: Randomized Controlled Trial. *Journal of Clinical & Diagnostic Research*, 13(7).
- Azami, G., Soh, K. L., Sazlina, S. G., Salmiah, M. S., Aazami, S., Mozafari, M., M., Babashahi. The mediating roles of self-efficacy and diabetes self-management behaviors on the association between social support and glycemic control (2018). Accepted in the *MEDSURG Nursing: the Official Journal of the Academy of Medical-Surgical Nurses*.
- Azami, G., Lam, S. K., Shariff-Ghazali, S., Said, S. M., Aazami, S., & Mozafari, M. (2020). Predictors of Diabetes Self-Management Behaviors in Type 2 Diabetes Patients. *Iranian journal of diabetes and obesity*.
- Malek, M., Mozafari, M., Aazami, S., & Azami, G. (2020). Development and Validation of a Checklist to Assess the Elderly Attitude toward the Environmental Indicators (EA-EIs) of Nursing Home Facilities. *Journal of Aging and Environment*, 1-16.
- Mozafari, A. A., Mansournia, M. A., Sayehmiri, K., Ghiasi, B., Yaseri, M., & Azami, G. (2020). Effect of Lipid Abnormality on CKD Progression from Moderate to Severe Stage: Application of Flexible Parametric Proportional-Hazards and Proportional-Odds Models. *Iranian Red Crescent Medical Journal*, 22(7).
- Bazgir, N., Taghinezhad, F., Nourmohammadi, H., Azami, G., Ahmadi, I., & Mozafari, A. (2022). Comparing the COVID-19 Mortality Rate in Cancer Patients with and Without a History of Chemotherapy. *International Journal of Cancer Management*, 15(10).

❖ Case report:

- Khalighi, Z., Azami, G., Shafiei, E., Sahebi, A., & Mozafari, A. (2020). Thrombotic Thrombocytopenic Purpura Following Honeybee Envenomation: A Case Report. *International Journal of Medical Toxicology and Forensic Medicine*, 10(2).

- Khalighi, Z., Hashemi, F. S., Bazgir, N., Azami, G., & Shafiei, E. (2020). Induced Abortion by Vaginal Use of Aluminum Phosphide in a 44-Year-Old Woman: A Case Repor. *International Journal of Medical Toxicology and Forensic Medicine*, 10(2).

❖ Letter to the editor

- Norollahi, S., Mozafari, A., Azami, G., & Shafiei, E. (2021). Respiratory Distress and Meconium Aspiration Syndrome: Effect of Neonatal Resuscitation Program (NRP) in Ilam, Iran. *Iranian Journal of Pediatrics*, 31(3), 2.
- Nourmohammadi, H., Azami, G., Taghinezhad, F., & Shafiei, E. (2021). Risk and benefit of antiplatelet therapy in Covid-19 patients with cancer and thrombocytopenia: letter to the editor. *Cancer Investigation*, 39(3), 217-218.
- Adibi, A., Mozafari, A., Azami, G., Jamshidbeigi, T., & Sahebi, A. (2020). Stress reduction strategies in the coronavirus pandemic. *International journal of preventive medicine*, 11(7), 11-100.

Education and training

(Award) Research Excellence Award at Shahid Mostafa Khomeini Hospital, Ilam, Iran. 2010.

(Award) Best presenter at the 6th regional congress of Ilam Medical Students, Iran, Ilam University of Medical Science, 6-7 March 2018.

8th Iranian epidemiology congress & 1st international congress of clinical epidemiology, Ilam University of Medical Sciences as poster presenter, Ilam, 27-29 April 2016.

6th Regional Congress of Ilam Medical Students. Ilam university of Medical Science as poster presenter, Ilam, 6-8 March 2018.

Health promotion project, women's power against cancer, University Malaysia, Malaysia, 11th May 2013.

Manuscript completion workshop, University Malaysia, Malaysia, 3-4 June 2014.

Research tools: supportive research and publication workshop. University Putra Malaysia, 15th March 2015.

Professional experience

❖ Nurse-primary and secondary care and chronic diseases

Shahid Mostafa Khomeni, Ilam university of medical Science, Ilam, Iran
September 2009- May 2011

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- Employed proactive chronic disease management, providing support and supervision for colleagues
 - Mobilized the collection and collation of relevant data for health and well-being needs, and leverage data acquired to raise awareness and promotion of health and well-being
 - Managed chronic illness as cognitive heart failure, COPD, hypertension, hyperlipidemia, diabetes, and chronic kidney disease, focuses on health promotion and disease prevention
 - Diagnosed or treat complex, unstable, comorbid, episodic, or emergency conditions in collaboration with other health care providers
 - Implemented a therapeutic regimen or pharmacotherapy and executed therapeutic procedures as prescribed.
 - Managed patient`s health in terms of pain, symptom management; helped to alleviate the suffering of patients nearing the end of life who are going through pain, difficulty in breathing, oral secretions, and other symptoms through the administration of prescribed medication and educating caregiver/family about administering the drugs.
 - Strategically executed clinical plans of care for adult patients facing chronic and complex conditions.
 - Supported patients and their families with their physical and psychological needs, with assistance from relevant personnel.

❖ **Clinical care-intensive care unit**

Shahid Mostafa Khomeni, Ilam university of medical Science, Ilam, Iran

July 2018-October 2018

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- Implemented care plans for patient treatment after assessing physician medical regimens
 - Managed patients recovering from medical or surgical procedures, including facilitating wound care, ostomy care, pressure ulcer prevention, and pain management
 - Cared for patients in 16-bed unit, supporting fellow nurses in delivering outstanding treatment to patients
 - Communicated with healthcare team members to plan, implement, and enhance treatment strategies
 - Updated patient charts with data such as medications to keep records current and support proper treatment

❖ **A Board member of the accreditation of hospitals and medical education at Shahid Mostafa Khomeini Hospital, Ilam, Iran, May 2019 to March 2021.**

Accreditation systems will enable medical school graduates in the Region to meet the requirements of global standards for medical education and practice. Accreditation provides support for continuous quality improvement in medical education and safeguards the medical profession. By complying with accepted regional or national standards, medical schools will play a leading role in improving health systems performance and promoting health. The following tasks were conducted as a Board member of the accreditation of hospitals and medical education:

- Collecting and reviewing data about the hospital and its educational program according to accepted standards of accreditation.
- Identifying institutional strengths and issues requiring action to meet the accepted standards.
- Defining strategies to ensure that strengths are maintained and problems addressed.

❖ **A Board member of education development center (EDC) at Shahid Mostafa Khomeini Hospital, Ilam, Iran, May 2019 to March 2021.**

❖ **Journal reviewer**

- Journal Reviewer for Journal of diabetes and Metabolic Disorders since 2018.
- Journal Reviewer for Japan Journal of Nursing Science since June 2019.
- Journal reviewer for Irish Journal of Medical Sciences Since April 2020

Technical skills

- **Communication/Teamwork**

-Positive interpersonal skills demonstrated through teaching and collaborating as part of research

teams

-Proven ability to be a productive team member through interaction with staff and peers, attendance

and contribution at meetings

- **Research**

-Have substantial experience in designing and conducting a broad range of health services research protocols involving patients with chronic disease and older persons.

-Project management

-Data analysis

- **Administration**

-Well-developed planning and organizational skills with the ability to priorities multiple tasks, set and meet deadlines, demonstrated in work and academic outcomes

- **Computer Skills**

- Microsoft office (word, excel, PowerPoint),
- SPSS Software,
- RevMan software
- AMOS software